

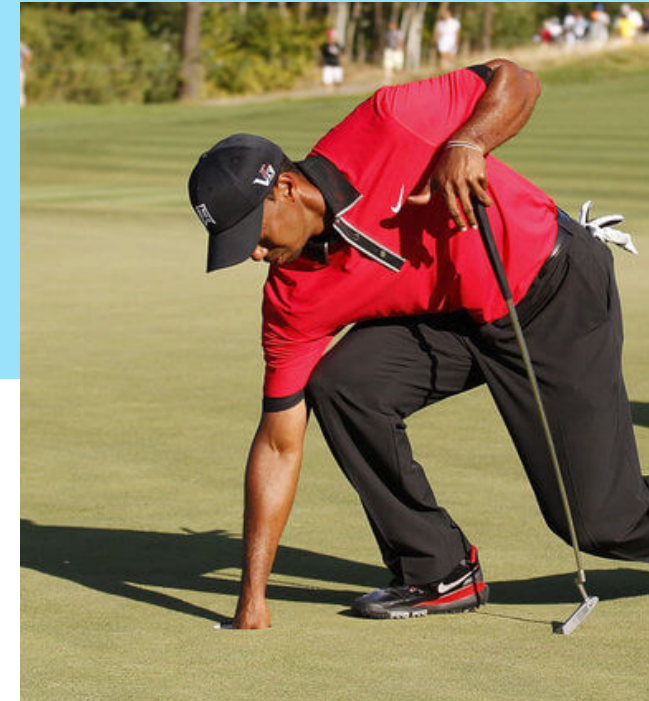
About Us

Nerves and Bones Rehabilitation center is a specialized rehabilitation organization that provides preventive and curative services, i.e.:

- Pain management
- Restoration of function
- Disease prevention



Caring specialists: Non-Pharmaceutical, Non-Surgical Pain Relief



Get In Touch With Us

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Ntinda - Kampala
-  www.nervesandbonesrehab.com

24/7 DAY SERVICES

Why Choose Us

State-of-the-Art Technology

- We use modern technology to assess and treat problems contributing to your pain or injury.

Individualized Care

- We create a custom treatment plan based on your problems and abilities.

Expert Knowledge

- Our experts have years of experience treating many conditions affecting golfers.



Golf Injuries: Protect Your Body on the Course

Due to the motions of a golf swing, golfers commonly experience pain and injuries in all parts of the body, especially in the shoulder, elbow, wrist, knees, hips, ankles and back.



CALL US

0779585547

0755927058

Common Golf Swing Injuries

The motions involved in a golf swing can subject golfers to a range of pain and injuries throughout their body. Understanding these potential areas of discomfort is crucial for golfers to take appropriate precautions and seek timely treatment. Here are some of the common areas where golfers often experience pain and injuries:

Shoulder: The repetitive and forceful nature of the golf swing can lead to shoulder pain and injuries, such as rotator cuff strains, tendonitis, or impingement syndrome.

Elbow: Golfers frequently encounter elbow issues, particularly in the leading arm. Medial epicondylitis, also known as golfer's elbow, is a prevalent condition characterized by pain and inflammation on the inner side of the elbow.

Wrist: The impact and torque generated during the golf swing can put stress on the wrist, resulting in conditions like wrist tendonitis, ligament sprains, or even fractures.



Service & Provide

What We Can Do

We help golfers of all ages and abilities who are unable to enjoy their favorite sport due to pain, stiffness or other symptoms to restore their health and function;

Our experts use evidenced-based therapy techniques and technology to treat your condition and get you back on the course.

Medical Team

Meet Our Doctor

Our team of experts has accumulated years of valuable experience in successfully treating a wide range of conditions commonly affecting golfers.

